



***Classes are for parents of 2-8 year old children***

For information on parenting programs for parents of older children, please contact Debbie Bartlett at 325-3145 x16. Family Resource Centers of Rochester also offers various types of parenting groups on an ongoing basis. Please contact Mary Jo Brach at 458-4100 x41 for more information.

The Incredible Years: Parents, Teachers, and Children Training Series is a comprehensive set of research-based curricula. The parent training program is focused on strengthening parenting competencies (monitoring, positive discipline, confidence) and fostering parents' involvement in children's school experiences. Classes are 12 or 13 weeks in length as decided by the agency. Classes are open to the community unless otherwise specified. To ensure guaranteed registration, please call or email the contact person of your preferred location to register for the group prior to the start date.

**Groups beginning in September 2004**

*Beginning Tuesday, September 14, group will run every Tuesday through November 30.*

**4:30pm-7:00pm**

**Catholic Family Center**

87 North Clinton Avenue  
Rochester, NY 14607

- ~ Dinner will be provided at 4:30pm
- ~ Restricted childcare may be available
- ~ Intake appointment needed before attending group

Contact person: Carol Inzinga  
Phone: 262-7105  
Contact person: Robin Benjamin  
Phone: 262-7123

*Beginning Tuesday, September 28, group will run every Tuesday until December 14.*

**11:00am-1:30pm**

**Mt. Hope Family Center**

187 Edinburgh Street  
Rochester, NY 14608

- ~ Lunch and transportation (within city limits) provided

Contact person: Rosemary Lum-Levine  
Phone: 275-2991  
Email: [Rosemary.Lum-Levine@dfa.state.ny.us](mailto:Rosemary.Lum-Levine@dfa.state.ny.us)  
*Group open only to referrals from Child Protective Services*

**Groups beginning in October 2004**

*Beginning Tuesday, October 19, group will run every Tuesday until January 4.*

**12:00pm – 2:00pm**

**Family Service of Rochester**

30 North Clinton Ave  
Rochester, NY 14604

- ~ Lunch provided

Contact person: Ruth Chupp  
Phone: 232-1840 x247  
Email: [RuthC@fsr.org](mailto:RuthC@fsr.org)

*Special thanks to...*



*for providing meals free of charge to the Incredible Years Parenting Programs. We are very grateful for their assistance.*